

**MAS OYAMA'S KYOKUSHIN KARATE ORGANISATION  
GREAT BRITAIN  
WELSH INVITATIONAL OPEN KNOCKDOWN 2010  
LLANTRISANT LEISURE CENTRE, WALES  
SATURDAY NOVEMBER 27th 2010  
DOORS OPEN 10.00am – START 11.00am**

**MENS & LADIES KNOCKDOWN ENTRIES  
(Over 18 years only – minimum Grade 6<sup>th</sup> Kyu or 2years training.)**

**DOJO:** .....

Name	Grade	Weight Kg	Male/Female	Governing Body Licence No

**Entry: £12**

Weight Categories:

**MEN: L/W: UNDER 70KG      M/W: 70 – UNDER 80KG      H/W: 80KG +  
LADIES: L/W: UNDER 60KG      H/W: 60KG +**

MOKKO reserves the right to combine the Ladies categories if insufficient numbers enter and also to deny entry to persons at MOKKO's discretion.

Compulsory Equipment:

Men: Own Groin Protector & Shin/Instep Pads

Ladies: Own groin Protector & Shin/Instep Pads & Chest protector

**Current European /Organisation Licence/Grading book must be produced on day of Competition**

Instructor .....

Address .....

I certify that the above information is correct - Instructor's Signature.....

Tel/Fax No ..... e-mail .....

Please return completed form no later than November 20<sup>th</sup> 2010 to:

A. Heath, 16, Clos Myddlyn, Beddau, Mid Glam CF38 2JS, Gt. Britain:

Tel : +44 (0)7974 - 650274 Fax: +44 1443 209121

**e-mail: [Crazyal1@sky.com](mailto:Crazyal1@sky.com)**